

# St Joseph's Primary School

## Newsletter - Feb 2016



### Dates for your Diary

1 <sup>st</sup> -5 <sup>th</sup> Feb and	- 'Catholic School's Week'
	'Care and Respect'
Mon 1 <sup>st</sup>	- P3 Mrs McCambridge 'Weather Watchers' Workshop (Linen Centre)
	- Mrs Hanna's class to Library
Tues 2 <sup>nd</sup>	- P3 Mrs Kitt 'Weather Watcher's Workshop (Linen Centre)
	- Mrs O'Hare's class to Library
Wed 3 <sup>rd</sup>	- P5 Pottery Workshops
Thurs 4 <sup>th</sup>	- P4 and P7 Mass in St Patrick's
Fri 5 <sup>th</sup>	- Drama Workshops in school for P1, P4 and P3
Mon 8 <sup>th</sup>	- Confirmation at 11am in St Patrick's
Tues 9 <sup>th</sup>	- Waterbus coming to school for P6
Wed 10 <sup>th</sup>	- P5 Pottery Workshops
Fri 12 <sup>th</sup>	- Drama Workshops in school for P1, P4 and P3
15 <sup>th</sup> -19 <sup>th</sup>	- inclusive – Midterm Break
Mon 22 <sup>nd</sup>	- P4 Mrs Connolly WWII Workshops on Flight (Linen Centre)
Tues 23 <sup>rd</sup>	- P4 Miss Clarke WWII Workshops on Flight (Linen Centre)
Wed 24 <sup>th</sup>	- 'Founders Day'
	- P5 Pottery Workshop

### Rights and Responsibilities

This term KS2 will be learning all about conflict and rights and responsibilities. We have started workshops and will compile a short parent's booklet to read with your child.

### School Uniform

Trainers are creeping back into classes, especially in Key Stage 2. School uniform is school shoes.

We belong to St Joseph's; we wear our uniform with pride.



### NSPCC

To correspond with Care & Respect week, Allison from the NSPCC/Childline visited our school on the 27th and 28th January to talk to every child in P1-P7 about the work of these charities. The children met the NSPCC mascot 'Buddy', who is shaped like a speech mark. Buddy told everyone to speak out and stay safe; this reminded us of our school saying - 'Tell, Tell, Tell!'

Allison also spoke about the different forms of abuse from cyber bullying to neglect, the worries children may have and the trusted adults they can talk to. In our school the teacher in charge of Child Protection is Mrs Connolly and Mrs O'Hare is the deputy teacher in charge.

The children also learned more about Childline – this helpline is free to call, available each day of the year and no problem is too big or too small. We learned a helpful hand action to remember the Childline number - 08001111. We will soon be having our own sponsored event to raise money for this great cause! To learn more about the work of the NSPCC and Childline visit [www.NSPCC.org.uk](http://www.NSPCC.org.uk) / [www.Childline.org.uk](http://www.Childline.org.uk)

### Care Respect Week & Catholic Schools Week - 1<sup>st</sup>-5<sup>th</sup> February

This year our 'Care and Respect' week runs alongside 'Catholic Schools Week'. We learn about Care and Respect across the school through:

- Stories
- Circle Time/class/group discussions
- Drama/music
- Workshops

From 31st January - 6 February, schools all over Ireland will celebrate 'Catholic Schools Week'.

We began our school celebrations on Friday when P4, P5 and P6 attended a beautiful Mass led by Fr Brian and our Primary 6 children.

We also remembered Mrs McGrath at this Mass.

During this week, all classes will be taking part in a variety of activities to celebrate Catholic Schools Week. The theme this year is: Catholic Schools: Challenged to Proclaim God's Mercy.

Monday 1st February: St Brigid's Day

Wednesday 3rd February: Grandparents Day

Thursday 4th February: P4 and P7 children will attend 10am Mass in St Patrick's.

There is also a thought for each day during Catholic Schools Week:

Monday: I am the face of God's mercy  
when I am kind and compassion  
ate

Tuesday: I am the face of God's mercy  
when I forgive and reconcile

Wednesday: Grandparents are the face of  
God's mercy

Thursday: I am the face of God's mercy  
when I am fair and just

Friday: I am the face of God's mercy  
when I live like Jesus.

Please take time during this week to talk to your child about what they have been learning in school for Catholic Schools Week.

### ***Homework Questionnaire***

Please send back your views on homework in St Joseph's. A box will be in front foyer or give to class teacher.

### ***Confirmation***

The Primary Five and Six Choir and Folk Group will sing at Confirmation on Monday 8<sup>th</sup> February. They will travel by Richmond Coach to St Patrick's. Full winter uniform on this day.

### ***Girls Netball***

Congratulations to the girl's netball team who competed at the Leisureplex earlier this month:

Niamh Plumb	Lucy Kelly
Clare Neeson	Enya Daye
Hannah Gartland	Lucy Kelly
Ruby McClelland	Orla Bunting

In the first match the teams drew 4-4 with Harmony Hill and were unlucky not to score an equalising goal in the second match against Pond Park which finished with a score of 3-2. The girls represented the school brilliantly and showed wonderful sportsmanship throughout. Many thanks to Coach Stella Drayne, Mrs Law and Mrs Neeson who accompanied the team on the day. We wish the team lots of luck in their upcoming Lisburn League fixtures - more information on these to follow.

### ***Indoor Hurling***

Congratulations to:

Jacob Warner (P7)	Eoin Dixon (P7)
Conor Broderick (P6)	Conal Gorman (P6)
Ruari Gallagher (P6)	Fionn Dobbin (P6)

The boys who competed in the Indoor Hurling League at Andersonstown LC on 20<sup>th</sup>. The boys defeated Ballymacward PS 2,1 and Gaelscoilēanna (4,0) but lost to Bunscoil Phobal Feirste (0,3). They finished 2<sup>nd</sup> overall on the day.

The indoor Camogs were also out at Andersonstown:

Molly Gribbon	Ana Broderick
Aoife Doherty	Mia Law
Eve Watson	Aimee Travers
Ruby McClelland	Enya Daye

They won one match and lost two. A great effort was made by all girls who will continue now to work on strength to improve their game.

### ***Four Wall Handball***

#### **Singles**

Congratulations to Hanna Gartland (P6) who won the recent U11 Antrim Schools Singles competition at the brand new Meanscoil Courts on the Falls Road. Hanna will now go forward to represent Antrim at the U11 Ulster Schools.

Spencer Maxwell and Conor Hooks put up a brave fight in the boys U13 boys singles section but missed out on a medal. Luckily the boys were able to qualify for the doubles.

#### **Doubles**

Congratulations to Eoin Dixon, Aaron O'Connor, Spencer Maxwell and Conor Hooks (all P7) who took part in the recent Four Wall doubles handball Antrim Schools competition. Eoin and Aaron doubled up and defeated Holy Cross Boys in the Semi Final, while Spencer and Conor defeated Good Shepherd in the other Semi Final. All four boys met in the Final with Eoin and Aaron taking Gold with an 11,3,11,10 win. A huge congratulations to all four boys for displaying great sportsmanship in the All St Joseph's Final. Eoin and Aaron will now go forward to the Ulster Schools round.

*See the Star for photographs.*

### ***Indoor Athletics***

Eight P7's (4 boys and 4 girls) recently got the chance to compete in the Lisburn & Castle-

reagh City Council Sports Hall Athletics at the Leisureplex. Eoin Dixon, Aaron O'Connor, Spencer Maxwell and Aaron Bell represented the boys; Lily Furey, Fay Powell, Nicole Harris and Aimee Travers represented the girls. The children competed in six events 60m Sprint, Chest Push, Standing Long Jump, Long Distance, Speed Bounce and Mixed Relay. Fay Powell was the overall girl's winner of the Standing Long Jump. This was an amazing achievement as 24 schools were competing.

### ***Olympic Handball***

The P6 Olympic Handballers were out again at Lough Moss Leisure Centre on Friday 29<sup>th</sup> January for the second round of their league. The Boys won two and lost the third (3.5). It was their best performance to date to so hopefully the standard will stay high for the next round.

The girls drew one match and won two. A special mention to Anton Beattie for playing fantastic in defense and to Hannah Gartland and Enya Days who both shared the 2woman of the match2 title.



Monday was the feast of St Brigid and children will create their own St Brigid's crosses during art club with Ms Gorman. Ask your children to tell you the history of this lovely tradition.

### ***Cool Kids***

We are currently improving our 'Cool Kids' facility. Children are taking part in cookery, sports, art/craft, ICT and are exploring our new bikes, tents, sports equipment and lego.

If you have any ideas please talk to Ms Manson or Mrs Noblett.

### ***Technology Weeks***

What an amazing few weeks we have had. We made cars, instruments, planes – the list goes on. The children loved designing and building models. The staff in the Linen Centre worked with us to develop an exciting programme.

We remembered fondly our classroom assistant, Ailish McGrath, who passed away one year ago. We had a beautiful Mass to celebrate her life.



### ***Pottery Workshops***

Primary Six have just completed three amazing workshops in clay. Their work has been fired and we will complete it in school.

Primary Five will start their workshop on Friday with local, talented artist Therese Gorman.

### ***PTA***

The next PTA Meeting will be on Tuesday 9<sup>th</sup> February @ 7.30pm in the Parents' Cabin (Back Car Park)

New members are more than welcome! At our recent AGM a new committee was appointed as follows:

Chairperson: Frances Jennings

Vice Chair: Martin Duffy

Treasurer: Siobhan Quinn

Assistant Treasurer: Carrie Ann Rafferty

Secretaries: Karen Gribbon, Ciara Lagan

Teacher Representative: Sinead Clarke

Members: Lynne McBennett, Roisin

Spence, Caren Collins, Debbie

McLorinan, Andrew Watson

We recently provided the school with money to buy 15 new iPads to enhance teaching and learning across the Curriculum. This was thanks to your wonderful generosity at our Christmas Bazaar and other fundraising events. We would like to provide the school with more much needed resources, however, to do this we rely on your continued support!

### ***Parking***

The parking facilities are, and always have been, a problem in St Joseph's. Mrs Gough has explored EVERY avenue in order to make it better but it was not possible. This is a common problem for a great many schools across Northern Ireland.

Please, please be considerate, patient and kind to each other in the car park at drop off and collecting times.

Some options: some children may want to part walk. Parking is available behind the Christian Fellowship on Queens Road, Wallace Park. We will continue to try to improve our parking.







**"Rock Red Friday"  
Friday 12th February.**

**As part of HEART WEEK (8th-14th February) we want everyone to "ROCK RED" and wear something red in support of children and young people living with heart disease!**

**Christmas DVD**

A few DVD's of the Junior Concert have been returned as they are 'skipping'. Can you check your copy and we will get it replaced ASAP. One member of staff tried it on an old DVD player and it had problems, but played it on a new one and it worked.

Please return by Monday 8<sup>th</sup> February if it needs replaced.

**Healthy Eating**

Mrs Gartland will be promoting healthy breakfasts in the month of February. KS2 children will have a breakfast morning (more details to follow).



**Healthy Breakfasts**

**Super toasted granola with chewy fruit**

**Ingredients**

- 8 tablespoons honey
- 75 g skin-on almonds
- 300 g rolled oats
- 40 g sunflower seeds
- 40 g pumpkin seeds
- 30 g desiccated coconut
- 50 g dates
- 50 g dried sour cherries
- 50 g dried apricots
- 50 g dried peaches

**Method**

Preheat the oven to 150°C/300°F/gas 2 and warm the honey through in a saucepan.

Chop up the almonds then spread over a large baking tray with the oats, seeds and coconut.

Pour over the warm honey and mix with a

spoon, then pop in the oven for 20 minutes, stirring every so often.

Meanwhile, de-stone the dates and chop up with the rest of the fruit.

After 20 minutes, add all the fruit, stir once (try not to touch again until it is cool) and put it back in the oven for another 10 minutes. It should be clumping together nicely.

Remove from the oven and allow to cool before breaking it up and storing in jars or airtight containers for up to 1 month. Serve with yoghurt and fresh or poached seasonal fruit.

Read more at

<http://www.jamieoliver.com/recipes/fruit-recipes/super-toasted-granola-with-chewy-fruit/#4sd6DXZlXrMyGgAi.99>

**St Patrick's Lisburn GAC  
Registration Day**



U6 - U10 Saturday 27th February @ St Patrick's Academy from 10am – 1pm. (Registration will take place prior/during/post the children's training)

U12 & U14 Sunday 28th February. Venue and time TBC.

**NEW RANGE OF CLUB GEAR AVAILABLE!!**

During our registration days we will have order forms for our brand new club gear from O'Neill's. We'll also have samples of the gear to test out the sizes and materials.

**\*\* Any child seeking to play with the club must be registered. \*\***

For further information have a look at our club notice board located at the main entrance of the school beside Lost property or contact Club Coaching Officer Paul Law on 07970508576.

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