## pring Summer 24 Belfast & East Locality 1pENC

## EAT SMART WITH THE LUNCH BUNCH

THECDAY

MONDAY



THIIDCDAY

EDIDAY

WEEKS SERVED	MONDAY	IUESDAY	WEDNESDAY	IHURSDAY	FRIDAY
19 February 18 March 15 April 13 May 10 June 2 September 30 September	Golden Crumbed Fish Fingers  Sweetcorn Chipped / Baked Potato / Coleslaw Ice-Cream, Pears & Chocolate Sauce	Homemade margherita pizza tossed salad Oven Baked Potato Wedges / Baked Potato Golden Krispie square	Roast of the day, stuffing, gravy Seasonal vegetables Roast and mashed potatoes Summer fruit cheesecake	'chippy day' Oven baked sausages beans and chipped potatoes Frozen fruit yoghurt	Chicken curry and naan bread Steamed rice or Beef bolognaise and pasta spirals Sticky date muffin
26 February 25 March 22 April 20 May 17 June 9 September	Breaded fish and lemon mayo Garden peas Mashed potatoes Ice cream and two fruits	Baked pork sausages & gravy Baked beans and chipped potatoes Jaffa cake pots	Roast of the day, stuffing, gravy Seasonal vegetables Roast and mashed potatoes  Fruit Sponge & Custard	Beef burger in bap with onions Chipped potatoes and tossed salad Fresh Fruit Salad & Yoghurt	Chicken curry and naan bread Steamed Rice or BBQ pilled pork pizza wrap with oven roasted garlic and paprika wedges Lemon Shortbread & Melon Wedge
4 March 1 April 29 April 27 May 24 June 16 September	Beef Bolognaise  Sweetcorn / Broccoli Pasta Spirals  Chocolate & Orange Cookie	Breaded Fish & Lemon Mayo  Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato  Raspberry Jelly & Two Fruits	Roast of the day, stuffing, gravy Seasonal vegetables Roast and mashed potatoes Fruit Sponge & Custard	Hot dog with tomato ketchup Spaghetti hoops Chipped potatoes Pineapple Delight	Chicken curry and naan bread Steamed rice Ice-Cream & Mandarin Oranges
11 March 8 April 6 May 3 June 26 August 23 September	Golden Crumbed Fish Fingers  Baked Beans & Garden Peas Chipped / Baked Potato  Homemade Flakemeal Biscuit	Beef Ragu Italia Sweetcorn / Diced Carrots / Pasta spirals  Mandarin Orange Sponge & Custard	Roast of the day, stuffing, gravy Seasonal vegetables Roast and mashed potatoes  Arctic Roll and Peaches	Chicken Goujons & Sweet Chilli Dip Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes Homemade Brownie	Chicken curry and naan bread Steamed rice Fruit Muffin & Apple / Orange Juice

WEDNESDAY

WEEK C CEDVED