SMART Internet Safety Rules for Children

S — *Safe:* Keep safe by being careful not to give out personal information– such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

M — *Meeting:* Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

A — *Accepting:* Accepting emails, IM messages or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

R — *Reliable:* Information you find on the Internet may not be true, or someone online may be lying about who they are.

T — *Tell:* Tell you parent, carer or trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

SMART Tips from www.kidsmart.org.uk

Useful Websites:

www.thinkuknow.co.uk/parents

www.childnet.com/resources/kia

www.ceop.police.uk

www.kidsmart.org.uk

www.bbc.co.uk/cbbc/topics/stay-safe

All the websites above can be accessed through the *Links* section of our school website

www.stjosephsschool.org

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Internet Safety Information for Parents

The Internet-An Inspiring and Positive Place!

The internet is an amazing resource that enables children and young people to connect, communicate and be creative in a number of different ways, on a range of devices e.g.

- Computer
- Laptop
- Ipad
- Tablet
- Mobile Phone
- Kindle
- Xbox 360
- Nintendo DS

However, the internet is always changing, and being able to keep up with your children's use of technology can be a challenge! You may sometimes feel that your child has better technical skills than you do, however, children and young people still need advice and protection when it comes to managing their lives online.

How can you help to keep your child safe online?

♦ A home computer with Internet access should be situated in a location where parents can monitor access.

♦ Agree with your child suitable days/times for accessing the Internet.

♦ Discuss the school rules for using the Internet with your child and implement these at home.

♦ Decide together with your child when, how long, and what comprises appropriate use of the internet

♦ Get to know the sites your child visits, and talk to them about what they are learning.

♦ Consider using appropriate Internet filtering software for blocking access to unsavoury materials

♦ Ensure that you give your agreement before your child gives out personal identifying information in any electronic communication on the Internet or other digital technologies, such as a picture, an address, a phone number or the school name.

♦ Encourage your child to use nicknames (where possible) instead of their full name online, to protect their personal information, and create strong passwords for every account.

♦ Encourage your child not to respond to any unwelcome, unpleasant or abusive messages, and to tell you or their teacher if they receive any such messages or images.

♦ Advise your child to take care and to use the Internet in a sensible and responsible manner and encourage them to know the SMART tips.

♦ Discuss the fact that there are websites/social networking activities which are unsuitable.

♦ Encourage your child to 'think before you post'. Online actions can impact not only on yourself, but on the lives of others.

Remember to keep an open dialogue with your child about their internet use!

♦ Ask your child to tell you about the sites they like to visit and what they enjoy doing online.

♦ Ask your child about how they stay safe online. What tips do they have for you and where did they learn them? What is it ok and what is it not ok to share online?

♦ Ask your child if they know where to go for help if they are worried about something they see online. Do they know about Privacy Settings and how to block or report on the websites or games that they use?

♦ Think about how you each use the internet. What more could you do to use the internet together? Are there activities online that you could enjoy as a family?

Safer Internet Day 2019 | Tuesday 5 February
Together for a better internet